

***Attention Veterans, Veterans'  
Families, Volunteers, and VA  
Staff***

The Aleda E. Lutz VA Health Promotion  
Disease Prevention (HPDP) Committee  
Presents:



**"The Wellness Round-Up Health Fair -  
Healthy Living Messages"**

When: Thursday May 19, 2011

Time: 10:00 a.m. - 2:00 p. m.

Where: VA Auditorium, Room 1370  
1500 Weiss St, Saginaw MI 48602

***INFORMATION WILL BE PROVIDED ON:***

Stress Management - Health Control - Blood  
type/screen -Blue Cross/Blue Shield - Women's Health  
- Screenings: BPs, Cholesterol, and Blood Glucose -  
Alcohol - Physically Active - Be Tobacco Free - Eat  
Wisely -Immunizations, HIV/STDs  
and much more!



Please contact:  
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